HELEN SANDERS 3-14-2024 TRUST AND OBEY

You might remember the old song "Trust and Obey" that has a chorus that says, "Trust and obey, for there's no other way to be happy in Jesus, but to trust and obey."

To trust means to completely rely upon. It means to lean totally on something or someone to hold you up. It means to have faith in God and his promises.

Trust comes when we are experiencing lack. We trust that God will provide all our needs. (Philippians 4:19]

Trust comes when we are sick. We trust that God will heal us. [Psalm 103:3]

Trust comes when we are feeling all alone. Jesus said he would never leave us nor forsake us. [Hebrews 13:5]

Do we trust God with our lives? Do we lean totally on him for every need? Do we trust him enough to obey when he says to step out and walk on uncharted stormy waters knowing he won't let us sink?

When we trust him with our lives regardless of what the circumstances look like, then we are in total peace. To be happy in Jesus, we must trust and obey.